

May 21 Home Match Day Coaches Guide

Covid Officer Martin Norton
anchoriansfc.trackandtrace@gmail.com
07795 644182



ANCHORIANS FC



Read & digitally sign the club managers Code of conduct.



Familiarise yourself with the latest guidance.



RA & MDSG sent to opponents & referee where applicable.



Communicated with your players/parents.



Have your players contact/emergency details.



Before You Leave For Match Day



Message players/parents to check they are well enough to come the match.



Check & pack your training equipment, First Aid bag & PPE.



Wash your hands with soap & water for 20 seconds.



Changing rooms will be closed. Please come changed in your coaches attire.

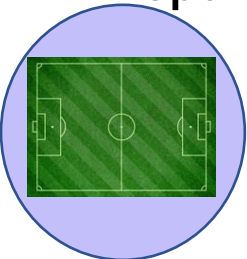


Arrive no earlier than 40 mins before your game. With you/members of your household only. **No car sharing.**

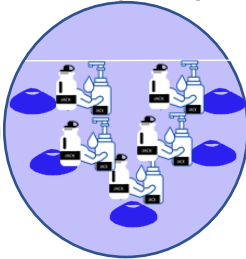
Upon Arrival For Match Day



Scan the NHS Test & Trace QR Code, that are dotted around the grounds.



Head towards your pitch, ensuring it is safe for you to do so and not encroaching on existing users.



Layout an arch for player safe zones, one cone per player, away from the pitch. Player sits/stands on the outside of the cone.



Take a register of your players & coaches in attendance, take a picture of your opponents register.



Take a safety briefing with players, opponents, spectators & referee before kick off.

During The Match



Make sure all players sanitise their hands regularly & before they go onto the pitch.



Players & coaches to maintain social distancing when not on the field of play, including half time & drinks breaks. **No subs benches to be used.**



Do not shout in near proximity to someone.



Do not let players or spectators retrieve the ball with their hands (use their feet) unless it's the player taking the throw.

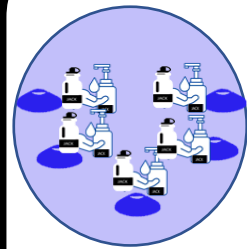


Clean balls, corner flag poles and goal posts, during half time and any other drink breaks.



If First Aid is required, you can administer if agreed, or call parent to administer. Emergency - you will apply PPE & assist parent with first aid. Players to return to safe zone.

After Match



Return players to their safe zone to have your socially distanced team talk (same procedure for halftime).



Make sure all players have sanitised their hands & collected their rubbish before they leave.



Clean down all your equipment & goal posts and corner flags poles. Collect all rubbish up.



Email your register and confirmation that you have disinfected your training equipment.