



Respect for  
each other,  
Respect for  
the game.



### Anchorians FC Adult Female Codes of Conduct/Rules & Regulations

**On and off the pitch, I will:**

- Always play the game fairly and in the right spirit.
- Be aware of the impact of bad language; keep spectators and members of the public - including children - in mind.
- Avoid criticising match officials Accept that they make honest decisions and confronting them will not change it.
- Never verbally abuse a match official, player or spectator based their appearance, race, religion, gender or sexuality. Doing so could lead to dismissal from the field, suspension and possible police action.
- Never physically assault a match official, player or spectator. Doing so could lead to dismissal from the field, suspension and possible police action.
- Always win, lose or draw with dignity, and be prepared to shake hands with match officials, opposition players and manager at full-time.'

**In addition:**

- The club will not be held responsible for loss or breakages of personal items belonging to members.
- Whilst a registered member of Anchorians football club I cannot train for another grass roots club, without prior permission from the Anchorians FC committee.
- I will reimburse the club for any admin charges that are levied at the club for my misconduct on the pitch. Failure to reimburse the club in 7 days of the charge being paid will result in me not being able to play for my team until the admin charges are paid.
- Anchorians operates a misconduct points system: Red card=3 points & Yellow card =2 points. If I accumulate 5 points in the playing season, the club will impose a 1 match ban on me.
- Any kit issued to me by the club remains the property of Anchorians Football Club & must be treated with due care and attention. Any kit lost or ill-treated that results in a replacement needed, will result in me being liable to pay the cost of the replacement. Shirt £35, Shorts £20, Socks £5 & ¼ Zip top £15
- When using any of the club house facilities I must treat them with respect and due care and attention. I must also conduct myself in an appropriate manner. Any instances of misuse, improper conduct or damage caused by my actions, will be dealt with by the Anchorians Football club & the Anchorians Association
- Not to engage in any chat or comments on any social networking site that could be deemed detrimental to the club, our players, match officials, other clubs and their players.
- Anchorians FC & The Anchorians Association operates a zero tolerance approach to illegal substances. Any member found to be using Illegal substances, will have their membership to the Football Club and Association suspended immediately pending a hearing.

**I understand:**

- If I do not follow the Code, I may expect to:*
- Be cautioned, sin binned or sent off by the match officials, depending on the nature of the offence.
  - Be asked to apologise to whoever I have offended or abused.
  - Be disciplined by my club, including being substituted, dropped, given a formal warning or suspended from training or matches depending on the nature of the offence.
  - Be disciplined by the County Football Association, including being fined or suspended for a number of matches depending on the nature of the offence.
  - Be handed a permanent exclusion by my club the FA or County Football Association, if the offence is deemed serious enough.'



#Weonlydopositive

