

I RESPECT THE STANDARD

THE GRASSROOTS CODE FOR ADULT FOOTBALL

ENJOY THE GAME

We're here to enjoy ourselves... win, lose or draw.

To help make football more enjoyable for all I should:

- Try and bring a positive mindset to all my matches and training sessions.
- Think before I act or speak and recognise not everyone will get or like my 'banter'.
- Remember that while we all want to win, we have the right to go home without being intentionally harmed or injured.

GIVE RESPECT

We always treat others as we'd like to be treated. To give respect at football I must:

- Always use respectful and positive language and actions.
- Not argue with the referee, coach, and officials, and accept their decisions.
- Follow the rules of the game.
- Show fair play by shaking hands with our opponents, whether we win, lose or draw.
- Stay in my team area when I am not on the pitch.
- Tidy up after myself and take care of the facilities we use.

BE INCLUSIVE

We embrace our differences, football is a game for everyone.

To be inclusive at football I must:

- Show zero tolerance for discrimination of any kind.
- Report anything that concerns me via the relevant channel.
- Know that any abuse or discrimination – like racism, sexism or homophobia – can lead to bans, fines and/or police action.
- Treat people based on their character, and nothing else.
- Accept that we all bring our own personal perspectives to the game.
- Not exclude anyone because of background or personal characteristics.
- Remember football is a game for everyone, no matter who they are.

WORK TOGETHER

We're a team, on and off the pitch. To help us bond as a team I should:

- Remember we are all responsible for the result of a match.
- Play fairly, without cheating, diving, complaining, or wasting time.
- Play to the best of my ability to help my team.
- Encourage my team-mates and not criticise them, even when they make mistakes.
- Recognise that if I'm the Captain, I need to try hard to set a positive example for others to follow.



**LOVE FOOTBALL.
PROTECT THE GAME.**





We all have a role in safeguarding young people and vulnerable adults.

To keep everyone safe I will:

- Recognise 16- and 17-year-olds at my club are young people.
- Accept it is my responsibility to know if my role in football places me in a position of trust.
- Speak to my Club or League Designated Safeguarding Officer if I am unsure whether I am in a position of trust.
- Understand appropriate boundaries must be in place, both online and during face-to-face activity.
- Let a club official know if I see anything that looks unsafe.
- Be aware of who the first aiders are, and where the nearest Automatic External Defibrillator is located.
- Keep appropriate boundaries by:
 - Always putting the well-being of young people first.
 - Being friendly but professional.
 - Encouraging young people to review their own progress.
 - Raising concerns about a young person to the Club Welfare Officer if they display behaviour not usual to them or which causes concern.
- Follow the 'Physical contact and young people: Guidance for grassroots football' guidelines. If my role requires physical contact with a young person, I will:
 - Ask the young person's permission and explain the type of, and reason for the physical contact.
 - Keep physical contact to skill development, first aid, harm prevention or celebration of success or comfort in times of distress.
 - Ensure another responsible adult is present for the duration.
 - Remember physical touch should be culturally sensitive to the young person.

In addition:

- *The club will not be held responsible for loss or breakages of personal items belonging to members.*
- *Whilst a registered member of Anchorians football club I cannot train for another grass roots club, without prior permission from the Anchorians FC committee.*
- *I will reimburse the club for any FA admin charges or hearings that are levied at the club for my misconduct on the pitch. Failure to reimburse the club in 7 days of the charge being paid will result in me not being able to play for my team until the admin charges are paid.*
- *Anchorians operate a misconduct points system: Red card=3 points & Yellow card =2 points. If I accumulate 5 points in the playing season, the club will impose a 1 match ban on me.*
- *Any kit issued to me by the club remains the property of Anchorians Football Club & must be treated with due care and attention. Any kit lost, ill-treated or failed to be returned that results in a replacement needed will result in me being liable to pay the cost of the replacement. Shirt £40, Shorts £25, Socks £5 & ¼ Zip top £25.*
- *When using any of the club house facilities I must treat them with respect and due care and attention. I must also conduct myself in an appropriate manner. Any instances of misuse, improper conduct or damage caused by my actions will be dealt with by the Anchorians Football club & the Anchorians Association.*
- *Not to engage in any chat or comments on any social networking site that could be deemed detrimental to the club, our players, match officials, other clubs and their players.*
- *Anchorians FC & The Anchorians Association operates a zero-tolerance approach to illegal substances. Any member found to be using Illegal substances, will have their membership to the Football Club and Association suspended immediately pending a hearing.*

**IF I DON'T
live up
to the
Standard**

I understand that my Club, League, County FA or The FA may take action, that could include:

- Giving me a verbal warning.
- Asking me to meet with my Club Committee, the league or our CFA Designated Safeguarding Officer.
- Asking that I complete an FA education course.
- Asking that I leave the match venue.
- Requesting that I do not attend future games.
- Suspending me or removing my Club membership.
- Fining me.
- Fining and/or suspending my Club.

About Referees, Assistant Referees and Match Officials:

The FA believes that all Match Officials should be able to officiate free from the threat of violence or intimidation. Any threatening behaviour or physical contact on a Match Official will result in a lengthy exclusion from football and possibly a criminal prosecution.



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